

SPIDER & FLY

ON THE FLY

grazing, sides & starters

CHUNKY CHIPS (v)

hand cut in house £3.5

FRENCH FRIES (v)

bbq sauce £3.5

SWEET POTATO FRIES (v)

garlic mayo £3.7

NACHOS (v)

melted cheese, sour cream,
salsa, guacamole £6

POPCORN CHICKEN

spider hot sauce £6.5

KING PRAWNS (GFO)

chilli, garlic butter, ciabatta bread £8

MUSSELS (GFO)

moules mariniere, ciabatta bread £6

STEAK DELI FRIES

steak strips, gherkins, chilli, mustard,
crispy onions, red onion marmalade £7

VEGGIE FRIES (v)(GFO)

caramelised onions, pickles,
chilis, gooey cheese £6

HALLOUMI BITES (v)

spider relish £6.5

JAMBALAYA RICE (v)(GFO)(VGO)

spicy rice, beans, veg, nachos £6

BATTERED HADDOCK

tartare sauce £6.5

GRAZING BOARDS

ON THE FLY

ANY 3 FOR £17 | ANY 4 FOR £21

sharing & grazing boards

SANDWICHES

VEGAN BEAN BURRITO

spicy rice, gouda cheese, guacamole,
chunky salsa, iceberg lettuce
with hand cut chips £9

FLY TO PHILLY CIABATTA

steak, caramelised onions, pickles, chilis,
gooey cheese with hand cut chips £11

JERK CHICKEN WRAP

pulled jerk chicken, lettuce, mango
salsa with hand cut chips £10

BANH MI CRISPY PORK

sticky pork sauce, mayo, pickles, lettuce,
tomato, cucumber, ciabatta
with hand cut chips £10

NO 1 SCOTLAND ROAD, STANWIX, CARLISLE

FOOD MENU

GRILL

RUMP STEAK

8oz £14.5

SIRLOIN STEAK

10oz £18.5

FILLET STEAK

8oz £25

choose your side....

1 - CLASSIC (GFO)

portobello mushroom, roasted
tomatoes, hand cut chips

2 - STEAK FRITES (GFO)

french fries, peppercorn sauce

STEAK UPGRADES

king prawns, chilli, garlic butter £5

2 onion rings £1.5

2 eggs poached or fried £1.5

STEAK SAUCES

blue cheese (gfo), garlic mushrooms (gfo),
peppercorn (gfo) £2.5

PARLOUR BURGERS

THE PARLOUR BURGER (GFO)

handmade beef burger, choice of blue stilton,
cheddar or goats cheese, bbq sauce, english
mustard mayo with hand cut chips £12
add smoked bacon + £1.50

SPIDER PIG BURGER (GFO)

handmade beef burger, pulled pork,
mozzarella, bacon, bbq sauce
with hand cut chips £14.50

KATSU CHICKEN BURGER

crispy fried chicken, lettuce, katsu curry sauce
with hand cut chips £12
add smoked bacon + £1.50

VEGGIE BURGER (v)(GFO)(VGO)

falafel burger, chunky salsa, sriracha
mayo & iceberg lettuce
with hand cut chips £11

ALL BEEF LOCALLY SOURCED

STEVE WILSON BUTCHERS

KEEPING YOU SAFE

we are operating table service only.
please maintain social distancing at all times.
wear a face covering at all times apart from when seated.
form orderly queues on entrance/exit & for use of the toilets & facilities.
please do not move the tables and chairs.
our furniture has been placed to provide adequate space for social distancing.
please use sanitiser points these are available throughout the building.

MAINS

ALE BATTERED HADDOCK

beer battered haddock, hand cut
chips, mushy peas, tartare sauce £13

BATTERED HALLOUMI (v)

beer battered halloumi, hand cut
chips, mushy peas & tartare sauce £11

MOULES FRITES (GFO)

moules mariniere, fries £13

CAESAR SALAD (GFO)

lettuce, anchovies, olives, parmesan,
croutons, caesar dressing £9
add chicken £2

DHANSAK CURRY (v)(GFO)(VGO)

seasonal vegetables & coconut rice £11.5
add chicken £2 | add prawns £5

JERK CHICKEN (GFO)

marinated chicken breast, pulled chicken,
jambalaya rice, jerk sauce £13

DESSERTS

STICKY TOFFEE PUDDING (v)(GFO)

stp ice cream & butterscotch sauce £6

CHEESECAKE (v)

chocolate & pistachio, vanilla ice cream £6

BROWNIE (v)(GFO)

cherry puree, chocolate smash,
vanilla ice cream

PANNA COTTA (GFO)

vanilla & cherry, shortbread,
chocolate shard £6

ICE CREAM (v)

chocolate, strawberry, vanilla,
orange sorbet, lemon sorbet
1 scoop £2, 2 scoop £3, 3 scoop £4

SUNDAYS ROASTS

BEEF, CHICKEN, LAMB, VEGGIE

roast & mash potatoes, seasonal vegetables,
vegetable puree, carrot & sweet,
cauliflower cheese, yorkshire
pudding & gravy - sundays only
Sirloin of Beef £14 | Chicken £12
Lamb Rump £13 | Veggie £11

OUR FOOD

(v): vegetarian dishes
(gfo): gluten free options available
(vgo): vegan options available
please advise your server of any food
allergies & dietary requirements.
dishes may contain traces
of nuts & bones.